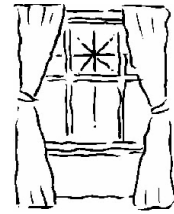


LOOKING OUT MY WINDOW, November 19, 2021



Life affords so many ways to have fun, to enjoy ourselves. How we cash in those opportunities varies according to our tastes and our preferred activities. One of my favorite ways to have fun involves going to the kitchen with the question, “I wonder how this will taste?”

One morning in Baton Rouge, I took a link of andouille sausage, minced it, began slowly browning it in an iron skillet while adding some chopped onions and bell pepper. I kept stirring until the onions began to caramelize and added some chopped roma tomato, chopped mushrooms, and a touch of garlic. To that I added some scrambled eggs with grated cheese (pepper jack is my preference) and Creole seasoning mix (Slap Ya Mamma is my preference). I kept stirring until the moisture cooked out. I was left with a delicious concoction that I call Cajun Scramble.

Here in Georgia, you can get locally made andouille; however, I have developed a fondness for cracked pepper sausage made here by Sunset Farm Foods. You may have a different preference. And, you could call it Georgia Scramble.

Anyway, when we gather for holidays and other occasions as a family, my two offspring, Ben and Katie, often ask for this and it is my joy to prepare it. Confession--I was not much of a cook until becoming a single parent offered me the choice of fast food with my kids or cooking. I chose the latter and discovered that cooking was a very enjoyable pursuit.

Other experiments have succeeded, but some have failed. We laugh as a family about one of those—eggs ala orange. That recipe will not be shared.

Have fun. And, feel free to share with me one of your successes.

God’s peace,

David

David W. Perkins
Interim Rector